



# LeFrak Center at Lakeside

## Inline Stick n'Puck Rules and Regulations

- Class registration is online only. Go to the link below to set up an account:  
[https://apps.daysmartrecreation.com/dash/x/#/online/lakeside/programs/18/levels?customer\\_id=62&&](https://apps.daysmartrecreation.com/dash/x/#/online/lakeside/programs/18/levels?customer_id=62&&)
- All ages and skill levels, for practice only. No scrimmages are permitted.
- Registration will be closed at the start time for each session. Please register ahead of time.
- Full Gear is required to play. Player list is below:
  - Helmets with full face cage or shield,
  - shin pads
  - chest protector
  - shoulder pads
  - elbow pads
  - gloves
  - pants
  - inline skates (four wheels).
  - Goalies must add leg pads, catcher and blocker
- A professional skating coach can be hired for a private (one skater and one coach) or a semi-private (two skaters and one coach) lesson.
- A coach must follow all rink guidelines for submitting proper credentials, which include insurance and membership in the Roller Hockey Association (RHA).
- Coaching, teaching or instructing is not permitted except as authorized by rink management, whether or not the coach, teacher or instructor receives remuneration.
- Be aware of the players around you.
- No more than 2 skaters are permitted in a semi-private lesson.
- No organized games.
- Allow goalies time to recover from saves before shooting.
- Do not shoot while another player is in front of or behind the net.
- Pick up the pucks, replace them in the puck bucket and leave the rink as soon as the session is over.
- Please be aware of your surroundings, avoid shooting at the goal.
- Please be sure of your purchase. We do not offer credits, transfers or refunds for any reason. No exceptions.

### PLEASE NOTE

SKATING CONDITIONS MAY NOT ALWAYS BE PERFECT.

• BEWARE OF ALL HAZARDS.

• CEMENT SURFACE MAY BE SLIPPERY DURING HUMID WEATHER.

• ALWAYS SKATE ACCORDING TO PREVAILING CONDITIONS AND MANAGEMENT ADVICE.

### RELEASE OF LIABILITY AND WAIVER OF ALL CLAIMS BY PERSONS ENTERING THIS FACILITY

The participant and/or their parent(s) or guardian(s) understand, acknowledge and agree that inline skating is an inherently dangerous and physically demanding activity. Participating skater assumes full responsibility for any risk of injury, property damage, or death while participating in activities at this establishment.

Participant and/or their parent(s) or guardian(s) hereby waive any and all claims including, but not limited to, bodily injury including death and property damage they may have against LeFrak Center at Lakeside, and all sponsors of the roller rink establishment and their subsidiaries, affiliates, partners, officers, directors, employees, agents, and volunteers arising out of Participant's use of the roller rink and all surrounding areas.

Participants and/or their parent(s) or guardians hereby release and hold harmless LeFrak Center at Lakeside and all sponsors of the roller rink establishment and their subsidiaries, affiliates, partners, officers, directors, employees, agents, and volunteers from any and all liability for any loss, damage, or expense that the Participants or their respective heirs, assigns and legal representatives may suffer as a result of Participant's use of the roller rink, from any cause whatsoever, including but not limited to,

negligence or breach of contract on the part of LeFrak Center at Lakeside, and all sponsors of the roller rink establishment, in the operation, supervision, design, maintenance, or condition of the ice surface, or of the roller rink and all surrounding areas

Participant agrees to abide by the "Rink Rules and Guidelines", as posted within the roller rink area, for the use of the roller rink and will follow the instructions of the operating staff of the rink. Failure to follow these codes of conduct may result in the termination of Participant's use of the roller rink, the rental skates, and the surrounding areas without refund.

Participant permits LeFrak Center at Lakeside to use any photographs, videotapes, recordings or any other records taken while on the roller rink premises for publicity, advertising, or any other legitimate purpose. By purchasing an admission ticket and/or entering the roller rink area, you are aware that inline skating involves certain inherent risks which may cause serious injury or death. You freely volunteer to participate and accept all known and unknown risks while in the roller rink facility. Further, you release the roller rink, its owners, its sponsors, its operators, and its equipment suppliers against any claims and all liability for any loss, damage, injury, or expense you may incur.

—LeFrak Center at Lakeside